

Family connection Reading love

Discover the First Steps to More Meaningful Reading Time

BEYOND THE BOOK

*5 Simple Shifts to Transform Reading Into
Moments of Love and Connection*



Embracing your journey...

Connection Over Perfection

Let me start by saying this: you are exactly where you need to be. The fact that you've chosen to take this course shows your love for your child and your desire to build something meaningful with them. But before we dive into the steps of the ENGAGE Method, let's take a moment to focus on you. Because this journey—this legacy you're building—

starts with you, your mindset, and the stories you carry.

Let's let go of the pressure, the doubts, and the perfectionism, and focus instead on the connection you can create. Together, we're going to uncover how to use the moments you already have to build the legacy your family deserves.



But how...

Let Go of Perfection

It's easy to feel like you need to get everything right—every moment, every decision, every step of this process. But here's the truth: *connection isn't about doing it all or doing it perfectly*. It's about showing up with intention and love.

Some nights, you might only have time for five minutes of reading, and that's okay. Use half of it to read and the other half to talk. Maybe you won't follow every step of the ENGAGE Method, and that's okay too. What matters most is the effort you put into being present with your child.

Remember this mantra: *Connection Over Perfection*.

Reimagine What Reading Looks Like

You might feel like reading together needs to look a certain way—a perfect, quiet reading experience where every page is read and the story flows uninterrupted. But what if reading together could be something different—something even more engaging?

Imagine a family book club, where you and your child read the same book at your own pace and discuss it over time. Or maybe it's reading just a few pages together and saving the rest for

another night, letting anticipation build. It could even look like your child reading independently while you ask thoughtful questions later, weaving the story naturally into your conversations.

Be prepared for more questions, more curiosity, and more pauses. Your child might interrupt to share their thoughts, ask for explanations, or relate the story to their own experiences. These moments are the magic. They're where connection happens—through their excitement, their insights, and their engagement with the story.

Reading isn't just about finishing the book; it's about creating a shared experience that fosters deeper understanding and builds a stronger bond.

Yes, You Have Something to Pass On

In case you're thinking, *I don't have anything meaningful to give my child*. But let me tell you, you do. Your stories, your values, and even the lessons from your challenges—these are all gifts you can share. Even if you didn't grow up with a legacy of love and connection, you have the power to start one now.

Take a moment to reflect on your own stories. What moments from your life have shaped you? What values do you hold dear? These are the things your child will carry with them, long after the books are closed.

Your Child Wants to Know You

It's common to feel like your child doesn't want to hear your stories or connect with you, especially as they grow older. But

here's the thing: as much as you want to know your child, they want to know you too. Even reluctant readers or teenagers crave connection, even if they don't always show it.

You don't have to force these moments. Share a story about yourself when it feels right. Use a book to start a conversation about your values or theirs. These small moments will help you build trust and deepen your bond.

You Don't Need to Be Perfect to Share & Encourage Positive Values

Parenting isn't about having everything figured out—it's about growing alongside your child. You might feel like you can't teach values because you're still figuring out your own path. But that's part of the beauty of this process.

Your willingness to be open, to share your growth, and to be authentic teaches your child that it's okay to keep learning and evolving. That is a lesson they'll carry with them for life.

Reflection

What do you need to let go of to move forward?

Set Your Goals

What do you hope your family gains from *The ENGAGE Method*?

As you move through this course, keep coming back to this truth: You are enough. Your presence, your stories, and your willingness to show up for your child are all that's needed to create a meaningful legacy.

Unlock the Full *ENGAGE Method* Experience

The course that turns reading into the connection-building tool you've always wanted.

ReadingToConnect.com/ENGAGE

